

RUSSIAN GYMNASTICS FEDERATION




International Rhythmic Gymnastics Competition “Top Gymnasts Cup Series. Stage I”

DIRECTIVES

Dear colleagues,

The Russian Gymnastics Federation invites your Federation to participate in the official international Rhythmic Gymnastics competition “Top Gymnasts Cup Series. Stage I”

ORGANIZING COMMITTEE	Ministry of Sports of the Russian Federation 18, Kazakova str., Moscow
	The Russian Gymnastics Federation 8, Luzhnetskaya emb., Moscow, 119992, Russia
	Ministry of Sports of the Republic of Tatarstan;
	Regional public organization “Rhythmic Gymnastics Federation of the Republic of Tatarstan”.
HOST CITY	6, Syrtlanova str., Kazan, the Republic of Tatarstan, Russia
DATE	April 22-27, 2026
COMPETITION VENUE	FSC Gymnastics Center  The main sports arena has a capacity of 3200 spectators:
PROVISIONAL SCHEDULE	22 April 2026 Day 1 - Arrival of delegations and Accreditation 23 April 2026 Day 2 - Training and Podium training 24 April 2026 Day 3 - Competition - Qualifications: Individual (2 apparatus) and Group (1 routine), Juniors/Seniors; 25 April 2026 Day 4 - Competition - Qualifications: Individual (2 apparatus) and Group (1 routine), Juniors/Seniors; 26 April 2026 Day 5 - Apparatus finals - Individual and Group, Juniors/Seniors; 27 April 2026 Day 6 - Departure of Delegations

	<p>*On the day of the accreditation, the LOC and the Head Judge may make changes to the program and schedule of the competition, depending on the number of registered participants. The changes can be made according established the Rules of competition.</p>
APPARATUS SUPPLIER	<p>EVO Rhythmic Gymnastics competition carpet with a podium. Acrosport. Replacement hand apparatus provided by the LOC.</p>
APPARATUS CONTROL	<p>The Hand Apparatus with valid certificates are published on the FIG website and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event.</p>
EVENT FORMAT / PARTICIPATION	<p>Individual (Seniors / Juniors) <u>All-Around which serves as qualification for the Apparatus Final:</u> All individual gymnasts have to participate in the All-Around qualification in 4 exercises (hoop, ball, clubs, ribbon)</p> <p><u>Apparatus Finals:</u> The top eight (8) gymnasts per apparatus (1st to 8th places) from the All-Around qualifying Competition participate in the finals. (maximum 2 gymnasts from the country).</p> <p>Group: <u>All-Around which serves as qualification for the Apparatus Final:</u> All groups have to participate in the All-Around qualification with 2 exercises: Seniors - 5 balls; 3 hoops and 2 pairs of clubs; Juniors - 5 balls, 5 ribbons</p> <p><u>Apparatus Finals (Seniors / Juniors)</u> The top 8 (eight) groups of each group routine (1st to 8th places) from the All-Around qualifying Competition will qualify for the Finals (maximum 1 group from the country).</p>
SIZE OF THE DELEGATION	<p>SENIORS</p> <p>Individual: Russia - 18 gymnasts from the Russian Championship (1st to 18th places in the all-around) 6 gymnasts from the International Association of Sport Support (19th to 24th places in the all-around qualification of Russian Championship); Republic of Belarus - 6 gymnasts; Foreign countries - 1 gymnast (from each country). Coaches - 1 coach per 1 gymnast. Judge - 1.</p> <p>Group: Russia - 10 groups from the Russian Championship (1st to 10th places in the group all-around) 5 groups from the International Association of Sport Support (11th to 15th places of Russian Championship); Republic of Belarus - 2 groups; Foreign countries - 1 group (from each country).</p> <p>Coaches - 2 coaches per 1 group. Judge - 1.</p> <p>JUNIORS</p>

	<p>Individual: Russia - 24 gymnasts from the Russian Junior Championship (1st to 24th places in the all-around); Republic of Belarus - 6 gymnasts; Foreign countries - 1 gymnast (from each country).</p> <p>Coaches - 1 coach per 1 gymnast. Judge - 1.</p> <p>Group: Russia - 6 groups from the Russian Junior Championship (1st to 6th places in the group - all-around); Republic of Belarus - 2 groups; Foreign countries - 1 group (from each country).</p> <p>Coaches - 2 coaches per 1 group. Judge - 1.</p>		
AGE	Seniors - 2010 and older (16 years and older) Juniors - 2011-2012 (14-15 years old)		
RULES & REGULATIONS	FIG Rules and Regulations of the current Cycle (2025-2028).		
AWARD CEREMONY	<p>The winners and the prize-winners of the international competitions in each program are awarded with medals, diplomas and memorable prizes of the organizing committee.</p> <p>Awarding of winners and prize-winners is carried out according to the general protocol.</p>		
JUDGES	<p>The Judges' Panels are set up by a draw from the judges present at the event. The draw will be directed by the Head Judge.</p> <p>To ensure the judging of international competitions held on the territory of the Russian Federation, highly qualified sports judges holding a valid FIG brevet, as well as another higher national category of another countries, are invited by the Organizing Committee of the competition.</p>		
HEAD JUDGE AND HEAD SECRETARY	By appointment		
INTERNATIONAL TRANSPORTATION	<p><u>1. Travel costs are be covered by the LOC for:</u></p> <ul style="list-style-type: none"> - judges; - LOCs <p><u>2. Travel costs are covered by the participating delegations themselves:</u></p> <ul style="list-style-type: none"> - all gymnasts; - all coaches; - all other specialists (of foreign delegations and the Russian Federation). <p>Arrival and departure information must be sent to the official address before 12.04.2026: applicationrg2025@gmail.com</p>		
ACCOMMODATION / MEALS	<p><u>1. Accommodation and meals are provided by the LOC for the following categories:</u></p> <ul style="list-style-type: none"> - foreign delegations (gymnasts and their coaches); - Russia <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;">Individual</td> <td style="width: 50%; text-align: center;">Group</td> </tr> </table>	Individual	Group
Individual	Group		

	<p>1st - 3rd places Russian Championship</p> <p>1st - 3rd places Russian Junior Championship</p> <p>The top 3 groups (1st - 3rd places) in the apparatus finals of the Russian Championship, provided that the gymnasts are members of the Russian national team</p> <p>- coaches (Individual - 1 coach per 1 gymnast; Group - 2 coaches per 1 group)</p> <p>- judges;</p> <p>- LOCs.</p> <p><u>2. Accommodation and meals are covered by the participating delegations themselves:</u></p> <p>- all other Russian teams as per the admission regulations;</p> <p>- other specialists (Heads of Delegations, medical doctors, physiotherapists, psychologists, choreographers, videographers).</p> <p>Accommodation and Meals form must be sent to the official address before 12.04.2026: applicationrg2025@gmail.com</p> <p>Contact person - Marina Trusova</p>																		
LOCAL TRANSPORTATION	<p>The LOC will provide free local transportation for:</p> <p>- foreign delegations from airports, railway stations to official hotels;</p> <p>- all competition participants from official hotels to the competition and back.</p>																		
INSURANCE	<p>The LOC will not be held responsible for any liabilities in case of accidents, injuries, illness, repatriation and the like.</p> <p>All participants are responsible for making their own arrangements to have the necessary valid insurance coverage against injuries, illness, accidents and repatriation for members of their delegation (the availability of insurance policies / copies is verified by the LOC during accreditation).</p> <p>Delegation members with insufficient insurance coverage must inform the LOC in advance.</p>																		
ACCREDITATION	<p>During the Accreditation the Heads of Delegations verify the names and surnames of the members of the delegation.</p> <p>Only gymnasts holding a valid passport of the country they represent are permitted to participate in the competitions.</p> <p>Insurance covering illness, accidents, repatriations (original).</p>																		
MEDICAL SERVICES	<p>The LOC provides medical services.</p>																		
ASSIGNMENT OF TOP GYMNASTS CUP POINTS FOR THE RANKING LIST	<p>Separate Ranking Lists are established for:</p> <p>Individual All-Around</p> <p>Group All-Around</p> <p>Points are assigned for all the Stages (I + II + III)</p> <p><i>*The Top Gymnasts Cup is awarded based on the total amount of points (Stage I + Stage II + Stage III + Final) in each discipline among seniors and juniors.</i></p> <table border="1" data-bbox="557 1919 1444 2119"> <thead> <tr> <th rowspan="2">Rank</th> <th colspan="2">Points of each Stage</th> <th rowspan="2">FINAL</th> </tr> <tr> <th>Ind.</th> <th>Groups</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>30</td> <td>30</td> <td>50</td> </tr> <tr> <td>2</td> <td>28</td> <td>28</td> <td>48</td> </tr> <tr> <td>3</td> <td>26</td> <td>26</td> <td>46</td> </tr> </tbody> </table>	Rank	Points of each Stage		FINAL	Ind.	Groups	1	30	30	50	2	28	28	48	3	26	26	46
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		4	24	24	44								
		5	22	22	42								
		6	20	20	40								
		7	18	18	38								
		8	16	16	36								
		9	14	14	34								
		10	12	12	32								
		11	10	10	30								
		12	8	8	28								
		13	6	6	26								
		14	4	4	24								
		15	2	2	22								
		16 and below	1	1	10								
ANNUAL WINNERS	<p>The annual winner of the Top Gymnasts Cup Series is the Individual gymnasts / Groups with the highest number of points of each of the Top Gymnasts Cup Series Ranking List of the respective year after the final event of the Series, based on the best results counted.</p> <p>A special award ceremony will be held at the last Top Gymnasts Cup Competition of the year, in which the winning Individual gymnasts / Groups shall receive a Cup.</p>												
DEADLINE SUMMARY	<p>Nominative registration form must be sent to the official address: applicationrg2025@gmail.com</p> <table border="1"> <tbody> <tr> <td>Accommodation & meals</td> <td>12.04.2026</td> </tr> <tr> <td>Nominative registration</td> <td>12.04.2026</td> </tr> <tr> <td>Travel form</td> <td>12.04.2026</td> </tr> <tr> <td>Music</td> <td>12.04.2026</td> </tr> </tbody> </table>					Accommodation & meals	12.04.2026	Nominative registration	12.04.2026	Travel form	12.04.2026	Music	12.04.2026
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MUSIC	<p>Please send your musical form and music in MP3 format before 12.04.2026 to the official address: applicationrg2025@gmail.com</p> <p>Examples of MP3 files Individual: Surname, Name _ Date of birth_ Apparatus _ Country IVANOVA_ANASTASIA_2005_HOOP_RUS</p> <p>Group: Country _ Date of birth _ Apparatus RUS_2011-2010_5HOOPS</p>												

Place and Date:



Snezhana Shatalova
Secretary General
Russian Gymnastics Federation